



### **Soups, Stews and Chowders**

I love soup...anytime of the year so it was hard for me to narrow this category down to 10 as I did the others. I have many more great soup ideas that you will love- just ask!!  
The soup is combined with a complementing salad and fresh crusty bread...Mmmm!!!

Soupe de Poisson (Traditional French Provencal fish soup)  
Cuban Black Bean Soup  
Manhattan (Red) or New England (Cream Based) Clam Chowder  
Pumpkin Soup with Spiced Croutons  
Cream of Wild Mushroom Soup  
Hearty Chicken Soup with Homemade Dumplings  
Beef and Three Bean Chili  
BBQ Chicken Chili  
Pasta e Fagioli (Italian Pasta and Bean Soup)  
Caribbean Conch Chowder  
Lentil Soup with Mini Meatballs, tomato and dill  
Roasted Butternut Squash and Apple Soup  
Thai Chicken and Coconut Soup with Lemongrass  
Split Pea and Ham Hock Soup  
Portuguese Kale and Chourico Sausage Stew  
Chicken, Shrimp and Andouille Sausage Gumbo  
Traditional Italian Minestrone  
Mexican Chicken Tortilla Soup  
Soupe à l'Oignon Gratinée- Classic French onion soup with crouton and Gruyere cheese  
Roasted Poblano Peppers and Corn Chowder  
Tuscan White Bean and Rosemary Chicken Soup